



INTEGRITY ELITE ALLSTARS ATHLETE INTEREST FORM

Athlete Name: \_\_\_\_\_

Age: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Athlete Social Media

\_\_\_\_\_

Parent Name and Email:

\_\_\_\_\_

Have you cheered before? \_\_\_\_\_ If so, where? \_\_\_\_\_

How did you hear about Integrity Elite? \_\_\_\_\_

Referred by? \_\_\_\_\_

Check ALL tumbling skills you throw on the FLOOR and WITHOUT a spot:

STANDING

\_\_\_ Forward/Backward Roll \_\_\_ Front Walkover \_\_\_ Back Walkover

\_\_\_ Front Handspring \_\_\_ Standing BHS \_\_\_ Standing Tuck \_\_\_ Standing Full

RUNNING

\_\_\_ Round-off (RO)

\_\_\_ RO Back Handspring (BHS)

\_\_\_ RO Tuck

\_\_\_ RO, BHS, Tuck

\_\_\_ RO, BHS, Layout

\_\_\_ RO, BHS, Full

\_\_\_ RO, BHS, Double Full

STANDING SERIES TUMBLING

\_\_\_ Multiple Back Walkovers

\_\_\_ Multiple Back Handsprings

\_\_\_ Series Back handspring to layout

\_\_\_ Back Walkover/Back handspring

\_\_\_ Series Back handsprings to tuck

\_\_\_ Series back handsprings to full

RUNNING

- Front walkover, RO, BHS series
- Punch Front
- Punch Front, step out, RO, BHS, Tuck
- Punch Front, step out, RO, BHS, whip, layout
- Specialty Tumbling Pass

At which stunt position do you have experience? (Circle those that apply)

NONE          FLYER          BASE          BACK SPOT          FRONTSPOT

Check your most advanced stunting skill level:

- Level 1 (No experience or level 1 stunts/preps)
- Level 2 (Ex. Preps, extensions, straight cradle dismounts, and straight ride basket tosses)
- Level 3 (Ex. Extended one-legged stunts, full twisting two legged dismounts, 360 to prep, single twist basket tosses)
- Level 4 (Ex. Extended switch-up one-legged stunts, double twisting two-legged dismounts, kick full basket tosses)
- Level 5 (Ex. Double twisting one-legged dismounts, double twisting basket tosses, full ups)

Are you willing to cheer for any Integrity Elite team, regardless of level? (Circle one)

YES                      NO

Are you willing to be a cross-over if needed? YES \_\_\_\_\_ NO \_\_\_\_\_

Parent Signature: \_\_\_\_\_

Athlete Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Coaches Notes:

---



---



---



---



---



---



---



---



---



---